

Dr Earl Mindells Secrets Of Natural Health A Complete Program For Vibrant Well Being

Chapter 1 : Dr Earl Mindells Secrets Of Natural Health A Complete Program For Vibrant Well Being

And why should you be interested in it ? ganoderma lucidum also known as lingzhi (chinese) . or reishi (japanese) is a type of mushroom that has been . consumed for thousands of years throughout asia, for its beneficial effects on our ability to maintain or improve health. Studies show reishi mushrooms benefit people stricken with a variety of ailments, from high blood pressure to aids. thursday, january 25, 2007 by: dani veracity

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